

Response Piece: Changing Pride/Shame/Joy

Media:

- Three sheets of 12 x 18 inch white drawing paper
- Colored construction paper
- Collage images
- Drawing media
- Glue and scissors

Directive:

- Label one paper Pride, one Joy, and one Shame
- Please refer to your experiences from the previous week about consciously increasing joy and pride and decreasing shame
- Fill in the circles by painting, drawing, or gluing images of things that made you feel pride, joy, and shame