


Making Food Your Friend Again— Training for ISU Faculty and Staff

Jessica Setnick, RD, CEDRD

A professional headshot of Jessica Setnick, a woman with dark hair, smiling, wearing a black blazer with a white flower pin, a pearl necklace, and a ring.

Jessica Setnick is a nationally recognized dietitian and author of *The Eating Disorders Clinical Pocket Guide*. She has been recognized for her efforts at communicating nutrition messages in an understandable way and promoting a positive relationship with food as essential to a healthy and happy life. Setnick, who has recovered from her own eating disorder, currently trains professionals around the country at Eating Disorders Boot Camp and owns a private practice, Understanding Nutrition.

Wednesday, February 28,

10 to 11:30 a.m.

Please arrive by 9:50 if possible

**Beyer Hall
Room 1310**

RSVP here: <http://www.signupgenius.com/go/20f0948a4ae2ba3fc1->

1.5 CEU's will be offered for Therapists