

DRAW YOUR EATING DISORDER

Media:

- One 12 x 18 inch sheet of white paper
- Familiar drawing materials (pencils, markers, crayons)
- Collage images
- Scissors
- Glue sticks

Art Directives:

- Have clients use the drawing and/or collage media in any way they like to create an image of the eating disorder.
- Have clients choose colors, lines, and forms that best express what the eating disorder is and means
- When the image is complete, have clients think of a title and put the title and date on their work
- All images should be titled and dated

Homework:

- Use the words generated by the images and use these words to further develop the images in writing form.