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Eating the Bill: Iowans Fighting for Eating Disorder Treatment Coverage

DES MOINES, Iowa — Wellmark Blue Cross and Blue Shield insures 80% of Iowans, but when it comes to some conditions, some providers say the company isn't paying what's it's promised and paid for through premiums. For the last year and half, Mindy Pfab says her experience with Wellmark has been an ongoing battle. She says Wellmark denied her insurance coverage while she was seeking treatment at an eating disorder treatment center. She received a bill showing she owed just [...]



Ways to Get Involved With National Eating Disorder Awareness Week

DES MOINES, Iowa — Alison St. Germain, faculty advisor of the ISU chapter of BIEDA, and Michelle Roling, co-founder of the Eating Disorder Coalition of Iowa, came to the studio to talk about National Eating Disorder Awareness Week and some of the events going on in support of the movement. BIEDA—Body Image and Eating Disorder Awareness—is a student organization that has been at Iowa State University for about three years, and a chapter has also been founded at the University [...]



Licensed Iowans Speak Out Against Bill That Would Make Huge Changes To Numerous Professions

DES MOINES, Iowa — A bill proposed by the Governor's Office calls for drastic changes to the state's licensure laws. Everyone from therapists to social workers to barbers and massage therapists would be affected. Thursday on the Channel 13 News at Four eating disorder therapist Michelle Roling and social worker Marcy Shrum explained why they say the bill could create dangerous situations for Iowans.



Awareness Week Highlights Eating Disorders Affect All Age Groups

AMES, Iowa — This week is dedicated to raising awareness about eating disorders and bringing hope to those battling the illness. An Iowa State University student is spearheading awareness at her school. "I think increasing awareness on eating disorders and body image, in general, can save people's lives and impact so many people's lives," Iowa State Student Chloe Lundquist said. It's an issue the Iowa State senior knows very well. "I was 15 when I was diagnosed," Lundquist said. "I stopped hanging [...]"



EATING DISORDERS: New Iowa coalition works to prevent and provide support to people battling eating disorders

